

My name is Tina Brown and I have been experiencing moderate to severe back pain for a number of years. At times, I could hardly walk because of the pain. My toes on my right foot were going numb. I went to a neurologist who did not spend a lot of time explaining my problem. He simply told me that I had a bulging disc and that I needed back surgery soon or I could lose the feeling in my toes forever. Further, he suggested that if I did not have the surgery, I might become paralyzed. I was genuinely frightened when I left his office. I have a four-year-old boy and I could not see myself going through a back surgery with a long recovery. How could I take care of him? I called a friend to give her the prognosis. While I was crying, she told me to get a second opinion from a doctor she was going to for her back. That is when she told me about Dr. Bond. I made an appointment with Dr. Bond. Unlike the other physician, he took a great deal of time explaining everything to me including pointing out where the bulging disc appeared on the MRI film. He made things a lot easier and set out a number of non-surgical treatment options.

His therapy has enabled me to manage my pain without back surgery. With his plan, I can walk without pain and I have regained all of the feeling in my toes. Some doctors simply rush their patients into risky surgery without explaining all of the options. I'm so glad that my friend told me about Dr. Bond. I have been spared back surgery with its lengthy recovery. Thanks to Dr. Bond, I can again play with my four-year-old son.

Tina Brown

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